

Monica Judith Johnson, DC, LAC, NP, Chiropractor with Quantum Integrative Medicine

Get to know Chiropractor Dr. Monica Judith Johnson, who serves the population of Union, New Jersey.



New York City, Mar 20, 2019 ([Issuewire.com](http://www.Issuewire.com)) - Dr. Johnson is a chiropractor, licensed acupuncturists, and nurse practitioner with Quantum Integrative Medicine. She holds expertise in flexion distraction, a chiropractic technique used to treat many conditions of the lumbar spine. It is a non-surgical technique aimed at increasing spinal motion and resolving disc bulges and disc herniations.

Dr. Johnson graduated with her Doctor of Chiropractic Degree from the New York Chiropractic College in 1996, giving her over two decades of experience in her field. Wanting to add another dimension to the care she can offer to her patients, she attended the Eastern School of Acupuncture and Traditional Medicine and graduated as licensed acupuncturists. Wanting to implement even more care to her patients, she completed her Bachelor of Science in Nursing from the University of Medicine and Dentistry of New Jersey and her Master of Science in Nursing and certified as an Adult-Gerontology Nurse Practitioner from the University of Cincinnati. An Adult-Gerontology Nurse Practitioner is an advanced practice nurse with a clinical focus on treating people from adolescents through adult ages and into advanced age.

Chiropractic medicine is a healthcare profession that focuses on the relationship between the body's structure—mainly the spine—and its functioning. Although practitioners may use a variety of treatment approaches, they primarily perform adjustments (manipulations) to the spine or other parts of the body with the goal of correcting alignment problems, alleviating pain, improving function, and supporting the body's natural ability to heal itself.

Learn More about Dr. Monica Judith Johnson:

Through her findatopdoc profile,

<https://www.findatopdoc.com/doctor/82381133-Monica-Johnson-Chiropractor>

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Source : Monica Judith Johnson, DC, LAC, NP

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