

Maria G. Berdayes, DO and Family Physician Welcomes Patients in the Greater Houston Area.

Get to know the highly respected Family Medicine Specialist, Dr. Maria Berdayes, a managing partner of Millennium Physicians Family Medicine Department, a multi-specialty group dedicated to serving people of all ages.



New York City, New York Feb 18, 2026 (Issuewire.com) - Dr. Berdayes is a board-certified family physician. She joined the Millennium Physicians Practice back in 2007 and is currently the managing

partner of the Family Medicine Department.

Dr. Berdayes earned her osteopathic medical degree from the Lake Erie College of Osteopathic Medicine (LECOM) in Erie, PA. The College of Osteopathic Medicine at LECOM is the largest in the United States and is accredited by the Middle States Commission on Higher Education and the American Osteopathic Association's Commission on Osteopathic College Accreditation.

The doctor completed internships at the Osteopathic Family Practice Internship at St. Joseph's Mercy Medical Center in Clinton Township, MI, in 2005. Her residency was completed at Flower Hospital, a public hospital in Sylvania, Ohio, that is part of the ProMedica Health System. This level III trauma center has 1500 health care professionals caring for patients in any of the 297 beds in the premises.

Dr. Bedayes is the President & a Medical Director of Millennium Physicians IPA, which is partnered with Texan Plus, a Wellcare insurance. Millennium Physicians is a multi-disciplinary medical group that offers a singular source of healthcare for patients. The practice comprises 40 physicians at 11 different locations, including Dr. Berdayes. She is also on faculty in the Family and Community Medicine Department at Baylor College of Medicine as a clinical preceptor.

The recipient of numerous accolades and awards, Dr. Berdayes was recognized as one of Houston's Top Family Practice Doctors by H Texas Magazine. She won the Reader's Choice Award for Primary Care in the Kingwood/Humble/Atascocita Observer newspaper several years in a row. In 2007, she was named the recipient of the Chief Resident Award at Flower Hospital Residency Program.

Dr. Berdayes is a member of the American Academy of Family Practitioners (AAFP), American College of Family Practitioners (ACFP). And the Texas Academy of Family Practice (TAFP).

As a doctor of Family Medicine, Dr. Berdayes is centered on the long-term, caring relationships with patients and their families and treats patients of all ages with a goal to prevent, understand, and manage illness, navigate the health system, and set health goals for each patient.

Learn More about Dr. Maria Berdayes:

Through her findatopdoc profile,
<https://www.findatopdoc.com/doctor/697584-Maria-Berdayes-emergency-physician-Kingwood-TX-77339>, and through the Millineum Physician's site:
http://www.millenniumphysicians.com/our_physicians/dr-maria-berdayes/

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