

Kathleen J. Kendra, DC, Chiropractor with Kendra Chiropractic

Get to know Chiropractor Dr. Kathleen J. Kendra, who serves patients in Norco, California.



New York City, Mar 19, 2019 (Issuewire.com) - As a Chiropractor, Dr. Kendra aims to improve the health and wellness in all areas of patients' lives, whether they are having problems with back pain or neck pain, or they just want to start feeling better when they wake up in the morning. She takes a 'whole person' approach to chiropractic care, which means looking for the underlying causes of disease, discomfort and pain, as opposed to just treating the symptoms. Many seemingly unrelated symptoms

often arise from imbalances in the spinal column and Dr. Kendra will be able to determine the root of the pain and create a personalized chiropractic and wellness plan to suit each patient's individual needs.

Dr. Kendra serves Norco and the surrounding communities in California. The chiropractic care offered at her practice - Kendra Chiropractic - emphasizes the importance of improving patients' health in an effort to reduce the risk of pain and illness in the first place.

Dr. Kendra received her Doctor of Chiropractic (DC) degree in 1977 from Cleveland Chiropractic College.

Dr. Kendra maintains a professional membership with the California Chiropractic Association (CalChiro). CalChiro provides members boundless services and programs designed to effectively represent chiropractic doctors before state government; communicates to chiropractic doctors the latest clinical and governmental news affecting their practices and patients; offers products and services through endorsed partners and others to positively impact patient treatment; as well as strives to enhance the public's knowledge of benefits of chiropractic treatment. Their mission is to position DC's to improve the quality of life for all Californians.

Chiropractors, like Dr. Kendra, perform adjustments (manipulations) to the spine or other parts of the body. The goal is to correct alignment problems, ease pain, and support the body's natural ability to heal itself without surgery or medication. Chiropractic treatments have proven to be effective for many problems, such as continuous back pain, neck pain, headache, digestive problems, balance difficulties, whiplash and other collision injuries, as well as occupational and sports injuries. They can also help alleviate diseases such as sciatica, scoliosis, fibromyalgia, and TMJ disorders.

Under the supervision and care of Dr. Kendra, patients report higher functioning in all areas of their lives. They have very nice things to say about her, one stating "Very happy with my visit today!!! Dr Kendra is very thorough. Kind and gentle and did a great job of realigning me. My pain tonight is half of what it was before I saw her and I'm expecting even better relief as days go on."

Dr. Kendra attributes her success to good education, integrity, good morals, and her belief in God.

Learn More about Dr. Kathleen J. Kendra:

Through her findatopdoc profile, <https://www.findatopdoc.com/doctor/1929509-Kathleen-Kendra-chiropractor-Norco-CA-92860> or through Kendra Chiropractic, <http://www.kendrachiro.com/meet-the-chiropractor.html>

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