

## Joseph S. Federico, DC, Chiropractor with Joseph S. Federico, DC

Get to know Chiropractor Dr. Joseph S. Federico, who serves patients in Red Bank, New Jersey.



**New York City, Mar 19, 2019 ([IssueWire.com](http://IssueWire.com))** - Dr. Federico is a chiropractor serving patients at his own private practice - Joseph S. Federico DC - located in Red Bank, New Jersey. Joseph S. Federico is committed to providing chiropractic solutions to address patients' unique needs, whether they are experiencing back pain, neck pain, headaches, or even muscular tightness and tension. The practice offers a tailored wellness program for each individual patient, specifically targeted to their wellness needs using the least invasive, yet highly-effective techniques and services. Dr. Federico and his team of professionals strive to help patients achieve their wellness objectives by assisting them in achieving and maintaining optimal health.

At a patient's first visit, Dr. Federico will explain how chiropractic care works and provide a full evaluation to see if his chiropractic solutions are a good fit for the patient's condition and health goals. Unlike conventional medicine, which focuses on attempting to treat disease once it occurs, Dr. Federico emphasizes improving patients' health in an effort to reduce the risk of pain and illness in the first place. His patients have wonderful things to say about him, one stating "Dr. Federico is kind, patient, & very knowledgeable. He has an easy manner with his clients. You will never regret going to him."

Dr. Federico graduated from Sherman College of Chiropractic in 1981. Located in Spartanburg, South Carolina, Sherman College of Chiropractic is a private college founded in 1973 named after chiropractor Lyle Sherman. Programs at the college focus on the correction of vertebral subluxations of the spine rather than diagnosis and treatment of symptoms in the modern medicine model.

Chiropractic is a form of alternative medicine mostly concerned with the diagnosis and treatment of mechanical disorders of the musculoskeletal system, especially the spine. Chiropractors, like Dr. Federico, perform adjustments (manipulations) to the spine or other parts of the body. The goal is to correct alignment problems, ease the pain, and support the body's natural ability to heal itself without surgery or medication.

With over 38 years of experience in his field, Dr. Federico continuously strives to improve each patient's functionality and quality of life.

### **Learn More about Dr. Joseph S. Federico:**

Through his findatopdoc profile, <https://www.findatopdoc.com/doctor/2461175-Joseph-Federico-chiropractor-Red-Bank-NJ-07701> or through Joseph S. Federico DC, <https://drfederico.com/>

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