

Jack Stoltzfus, PhD, Psychologist with Family Behavioral Healthcare

Get to know Psychologist Dr. Jack Stoltzfus, who serves the population of Minnesota.



New York City, Mar 6, 2019 (Issuewire.com) - Dr. Stoltzfus is a Licensed Psychologist practicing through Family Behavioral Healthcare in Shoreview Minnesota and a member of the American

Psychological Association. His primary area of work is with parents who are mired in the crucial process of letting go and successfully launching their adolescent/ young adult children. Adolescent and young adults are taking much longer to achieve responsible independence than past generations leading to challenges and frustrations for both parents and young adults.

Dr. Stoltzfus has created many resources for parents of young adults including self-assessment tools, workshops, short books outlining the critical letting go processes, parent consultations and family therapy. These resources are available online at- parentslettinggo.com

Dr. Stoltzfus has been in private practice for over thirty-five years. He began as an outreach counselor to youth and followed this with providing clinical services through Wilder Child Guidance Clinic in St. Paul, Minnesota. He also developed and directed an adolescent substance abuse day treatment program, worked in inpatient services and for the past thirty-five years has been in private practice.

He has a Master's Degree from the University of St. Thomas and a Ph.D. from the University of Wisconsin, both of which are in Counseling Psychology. He has been a licensed chemical dependency counselor and certified marriage and family, therapist.

Married with three children, he resides in St. Paul, Minnesota and enjoys reading, writing, biking, and sailing.

Learn More about Dr. Jack Stoltzfus:

Through his findatopdoc profile, <https://www.findatopdoc.com/> Through Parents Letting Go <https://parentslettinggo.com/> he can be contacted at (651) 968-1260 and is located in Shoreview, Minnesota.

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