

Everything You Wanted to Know About TREKKING POLES and Were Too Embarrassed to Ask

Heroic Adventures 2019 Ultimate Guide to Trekking Poles and Hiking Poles



Los Angeles, Mar 15, 2019 (IssueWire.com) - It's never too early to plan your summer hiking adventures with Heroic Adventures Trekking and Hiking Pole Guide you can start imagining yourself on the summer trails before the snow melts.

"We thought we had prepared for any hike - hill, valley, Riverside, even steep cliffs.

"But", lamented John, "We never imagined the amount of effort a hike up Kilimanjaro would take. Within hours it put us into panting gasps, if it weren't for my trekking poles I don't think I would have made it."

Trekking poles are an often overlooked piece of hiking equipment. However, the truth is that a great set of trekking poles can help to reduce joint pain, grant stability and safety, and give you more power to get through your adventure.

According to Heroic Adventures, one of the leaders in the trekking pole and hiking pole stress test and reviews:

"Often, the very best trekking poles are the ones customized to the hiker's goals. We've tested more than twenty poles this year. They range from carbon fibre ultra lightweight poles to more robust models that carry more weight. What really matters is usage. In many cases, what's best for one hiker is different for each individual hiker, but when you see the comprehensive guide we have created, you'll be able to choose confidently."

For more information on how you can find **this year's top trekking poles**, read our 6,000-word guide available for free online>>> [Heroic Adventures Ultimate Guide to the Best Trekking Poles for the Adventurous Hiker's in 2019](#)



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