

Clinical Nurse Specialist and Nurse Coach Ruby L. Whalen, MSN/ED, RN, NC-BC

Get to know Clinical Nurse Specialist and Nurse Coach Ruby L. Whalen, who serves patients within Nicklaus Childrens Hospital.



New York City, Mar 8, 2019 ([IssueWire.com](http://www.IssueWire.com)) - Ruby currently practices as a Clinical Nurse Specialist, Nurse Coach, and nurse educator with the Nicklaus Childrens Hospital. Nicklaus Children's Hospital is South Florida's only licensed specialty hospital exclusively for children, with nearly 800 attending physicians and more than 475 pediatric subspecialists. The 309-bed hospital, known as Miami Children's Hospital from 1983 through 2014, is renowned for excellence in all aspects of pediatric medicine, with many programs routinely ranked among the nation's best by U.S. News & World Report, since 2008. The hospital is also home to the largest pediatric teaching program in the southeastern United States and has been designated an American Nurses Credentialing Center (ANCC) Magnet facility, the nursing profession's most prestigious institutional honor.

Ruby graduated with her nursing degree and as a certified registered nurse from the University of Winnipeg. Furthering her education she completed her Bachelor of Science and Master of Science in Nursing Education from the University of Phoenix. To stay up to date in her field, she remains a professional member of the Association for Nurses in Professional Development, American Holistic Nurses Association, American Nurses Association, American Association of Critical-Care Nurses, International Transplant Nurses Society, and the National Nurses in Business Association. She has

been a practicing nurse since 1991, giving her over two decades of experience in her field.

Ruby attributes her professional success to her passion for education and learning new things to improve things for herself, other nurses and patients. When not working, she enjoys practicing yoga, doing self-care, and using aromatherapy, and essential oils.

Nurse coaching is a skilled, purposeful, results-oriented and structured client interaction that is provided by Registered Nurses for the purpose of promoting achievement of client goals. Nurse coaches promote and facilitate the growth, healing, and wellbeing of the whole person by using coaching principles and healing modalities that integrate body-mind-emotion-spirit-environment. Nurse coaches are required to have several years of nursing education and experience as a foundation for developing their coaching skills.

Learn More about Ruby L. Whalen:

Through her online profile, <https://todaysnurse.org/network/index.php?do=/4140464/info/>

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