

Breathing Better, Living Better

Phrenic Nerve Surgery Restores Quality of Life



Tinton Falls, Mar 6, 2019 (IssueWire.com) - *Inhale, exhale.* Breathing is an involuntary action that most of us take for granted. However, when this action suddenly becomes hard to do, many are left feeling hopeless and frightened.

This was the case for Mark Warden, a 53-year-old man from Vincent, Ohio. About two years ago, shortly after shoulder surgery, Mark experienced a sharp pain in his neck and shortness of breath when performing simple tasks, such as bending down to tie his shoes. After a few months and numerous diagnostic tests, Mark was told by a doctor in his home state that he had a paralyzed right diaphragm due to a phrenic nerve injury.

The phrenic nerve controls the function of the diaphragm muscle- the primary muscle involved in breathing. Many patients who suffer from phrenic nerve injuries are told by physicians that they simply must live with it.

After visiting multiple doctors in his native Ohio, Mark, like many others, was told that nothing could be done to alleviate his symptoms.

Fortunately, after conducting their own research online, Mark and his wife Sherrie found [Dr. Matthew Kaufman](#) of [The Institute For Advanced Reconstruction](#) in New Jersey. After consulting with Dr. Kaufman and finding out he was a candidate, Mark traveled to New Jersey about a month later to undergo surgery.

“Immediately following surgery, Mark’s breathing improved dramatically!” Mark’s wife, Sherrie, was astounded by the results, and the care provided by Dr. Kaufman.

“People from all over the world come to see Dr. Kaufman. He is not only an amazing doctor, but he is also an amazing man, humble, and he truly cares about his patients, that was clear to see.” Mark agreed with his wife, and was brought to tears during his post-op visit, “This surgery is a game changer, this changed my life!”

Dr. Kaufman has been performing phrenic nerve surgeries since 2007 and is quickly approaching 500 surgeries. He aims to help patients from all over the world, as well as spread awareness about diaphragm paralysis and the treatment options available:

“Despite our numerous medical publications and persistence in trying to educate physicians throughout the United States and abroad, a large portion of the medical community that takes care of phrenic nerve injury patients has no idea yet, so the goal is to get the word out.”

For more information about phrenic nerve surgery, please visit:
<https://www.advancedreconstruction.com/phrenic-nerve-program/>

Media Contact

The Institute for Advanced Reconstruction

mstrauss@tpscnj.com

732-741-0970 ext. 744

Source : The Institute for Advanced Reconstruction

See on IssueWire : <https://www.issuewire.com/breathing-better-living-better-1627267529350165>

