

Updated Menu at Tootgarook's Favourite Bistro

THE KITCHEN

Bistro, Bar & Courtyard

Melbourne, Feb 3, 2019 ([IssueWire.com](http://www.IssueWire.com)) - The Kitchen, Tootgarook's much-loved bistro and bar, has updated their menu to offer yet more delicious food to locals and tourists. [The Kitchen's menu](#) has been overhauled to include new and flavourful dishes, like the Spanish tomato toast, which features blistered cherry tomatoes and garlic with rosemary and fleur du sel.

Breakfast is served every day of the week from 8 am to 11:30 am. On Sundays, breakfast time is extended to 3 pm, making it a prime choice for Sunday brunch. The restaurant also features lunch and

dinner specials, so bring a healthy appetite if there are plans to dine out.

The breakfast menu includes other items, like the Big Ben-ny. This dish is served on sourdough toast with double smoked bacon and garlic mushrooms. It also features grilled tomatoes, spinach, chorizo, hollandaise, and poached eggs. The Kitchen's breakfast menu has vegetarian options available as well. They offer a nutty granola breakfast dish that includes Greek yogurt and spiced honey along with preserved berries.

Another vegetarian option on The Kitchen's menu is the spring garden. This is charred broccoli puree and asparagus with roasted cauliflower, tahini dressing, and quinoa. The combination packs incredible flavor while being low in calories and healthy. If one is looking for more healthy options, this restaurant near the beach is the one place that can offer a beautiful atmosphere along with amazing dishes that are worthy of recognition and praise.

The restaurant is located in Tootgarook, just south of Melbourne just a stone's throw from the Rye and its beaches. The location is bright and sunny, making it the perfect place to dine and enjoy Australia's Mornington Peninsula. In addition to dining, catering for functions and special occasions is also provided by superb chefs at The Kitchen. Connect with TheKitchenBistroAndBar.com to book a spot for lunch or dinner or for catering inquiries.

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