

Samantha Ruth Dutra, MEd, LMHC, NCC, MaCCS, Mental Health Counselor with her Private Practice

Get to know Mental Health Counselor Samantha Ruth Dutra, who serves the population of Arlington, Massachusetts.



New York, Feb 12, 2019 (Issuewire.com) - Samantha completed her undergraduate degree from Cambridge College where she majored in Human Services and graduated in 2008. Wanting to further her education she completed a Master's Degree in Education majoring in Addictions and Counseling in 2010 at Cambridge College, giving her over a decade's worth of experience in her field. Samantha is

also a Certified Licensed Mental Health Counselor and a National Certified Counselor and is an approved Licensure Clinical Supervisor. To stay up to date in her field she remains a professional member of the Massachusetts Mental Health Counselors Association, where she received the President Award in 2017. She is on the Board of Directors and works as the Grant Manager.

Samantha currently practices with her private practice and holds expertise in women's issues, self-actualization, self-esteem, anxiety, and healthy relationships. She is a Former Assistant Professor with Cambridge College and has taught at Middlesex Community College, Endicott College, Fitchburg State University, Lasell College, and Bay State College.

A mental health counselor is a medical professional who helps patients achieve emotional wellness. Counselors often see patients on an ongoing basis as one part of a treatment plan. These professionals work with a variety of patients and may specialize in areas such as trauma, addiction, or youth services. The specialty may determine where a mental health counselor works. For example, someone who specializes in helping children may work in a school. However, the work is often clinical, and many professionals operate in private practices, hospitals, rehabilitation centers, and inpatient facilities.

Learn More about Samantha Ruth Dutra:

Through her findatopdoc profile, <https://www.findatopdoc.com/doctor/82016657> through her private practice, <https://www.samanthadutrallc.com/> she can be contacted at 781-218-9773 and is located in Arlington, MA.

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Media Contact

FindATopDoc

sarah@findatopdoc.com

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