

Psychiatrist Varinder Rathore, MD Provides Services for the Greater Fishkill, New York Area

Get to know Psychiatrist Dr. Varinder Rathore, who serves the Fishkill, NY area at his private practice Behavioral Health Division: Northern Medical Group.



New York, Feb 28, 2019 ([Issuewire.com](http://www.Issuewire.com)) - For over ten years, Dr. Rathore served as the Medical

Director of Safe Horizon's Streetwork Project where he provided the harm reduction model of health care to homeless youth with mental illness and chemical addictions. Additionally, Dr. Rathore has been an Assistant Professor at Albert Einstein College of Medicine/Montefiore Hospital in the Division of Substance Abuse. He is currently working as the Chief of Mental Health at North Medical Group in Fishkill, NY.

Previously, he was involved in Thrive NY's Mental Health Roadmap to provide mental health services to minority communities and is a speaker for the National Association on Mental Illness and a presenter/member of the American Academy of Addiction Psychiatry. His memberships allow him to stay current in the field of psychiatry. Dr. Rathore has years of experience in treating patients with a vast range of psychiatric conditions.

Dr. Rathore earned his medical degree from St. George's University School of Medicine, then completed an internship at Drexel University's Hahnemann University Hospital. Dr. Rathore continued his studies by undertaking a residency at Albany Medical Center and a fellowship with the Albert Einstein College of Medicine. He has been board certified in psychiatry and addiction psychiatry by the American Board of Psychiatry and Neurology.

As a psychiatrist, Dr. Rathore diagnoses and treats mental illnesses. Dr. Rathore may treat patients through a variety of methods including medications, psychotherapy or talk therapy, psychosocial interventions and more, depending on each individual case. Different medications that a psychiatrist might prescribe include antidepressants, antipsychotic medications, mood stabilizers, stimulants, sedatives and hypnotics. Dr. Rathore treats conditions like depression, anxiety, OCD, eating disorders, bipolar disorders, personality disorders, insomnia, ADD and other mental illnesses.

Dr. Rathore practices Addiction Psychiatry as well, because addictions can devastate families. He utilizes evidence-based treatments with medications and therapy to provide the patient with many different areas of treatment. In addition, Dr. Rathore is a strong proponent of inculcating a strong mental health, addiction component, and trauma work into the primary care outreach sector.

Learn More About Dr. Varinder Rathore:

Through his FindATopDoc.com profile: <https://www.findatopdoc.com/doctor/179772-Varinder-Rathore-psychiatrist-Bronx-NY-10454>. He can also be reached through his clinic's webpage: <https://www.suboxonedoctorny.com>. His phone number is: 845-231-5411. Dr. Rathore is based out of Fishkill, New York.

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Source : Varinder Rathore, MD

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