

Integrative Medical Specialist Heather Auld, MD Provides Services for the Greater Bonita Springs, Fl

Get to know Integrative Medical Specialist Dr. Heather Auld, who serves the Bonita Springs, Florida area at her private practice and at several local hospitals.



New York, Feb 28, 2019 ([Issuewire.com](http://www.Issuewire.com)) - Currently, Dr Auld serves patients at several locations, including Cape Coral Hospital, Gulf Coast Medical Center, and Lee Health. In her capacity as an integrative medicine specialist, Dr Auld has particular interests in men and women's hormone management, chronic illness, medical cupping, weight management, mind-body medicine, hormone

replacement therapy, and stress management. She is able to reach a wide range of patients throughout her daily practice.

Dr Auld earned her medical degree at the University of South Dakota School of Medicine, then continued her studies with an internship at Sacred Heart Hospital in South Dakota. Dr Auld then completed a residency at the Mount Sinai Medical Center of Cleveland and a fellowship at the University of Arizona Center for Integrative Medicine in Tucson, Arizona. She has been board certified by both the American Board of Obstetrics and Gynecology and the American Board of Integrative Medicine.

Dr Auld has received many awards for her practice throughout her esteemed career. She has been named a Top Doctor by Gulfshore Magazine nine years in a row and has become a fellow of the American College of Obstetrics and Gynecology. Additionally, Dr Auld is able to stay current in her field through her membership in the prestigious organization. She holds a Florida medical license through 2020.

As an integrative medicine specialist, Dr Auld employs an approach to care that puts the patient at the centre and addresses the full range of physical, emotional, mental, social, spiritual and environmental influences that affect a person's health. Employing a personalized strategy that considers the patient's unique conditions, needs and circumstances, it uses the most appropriate interventions from an array of scientific disciplines to heal illness and disease and help people regain and maintain optimum health.

Dr Auld has been a featured expert in the local media, providing the citizens of Bonita Springs expert medical advice on at-home detoxes and fighting the flu. She has appeared in the pages of *Florida Weekly* and employs a unique approach to medicine that works for her patients.

Learn More About Dr Heather Auld:

Through her FindATopDoc.com Profile: <https://www.findatopdoc.com/doctor/2520655-Heather-Auld-ob-gyn-obstetrician-gynecologist-Fort-Myers-FL-33908>, she can also be reached via her Lee Health Website: <http://www.leehealth.org/index.asp>. Her phone number is 239-495-4480. Dr Auld is based out of Bonita Springs, Florida.

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FindaTopDoc is a digital health information company that helps connect patients with local physicians and specialists who accept your insurance. Our goal is to help guide on your journey towards optimal health by providing you with the know how to make informed decisions for you and your family.

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