

Brooke Zanni, L.Ac. Licensed Acupuncturist with North Shore Wellness

Get to know Licensed Acupuncturist Brooke Zanni, who serves the population of New York.



Islip, Feb 7, 2019 ([IssueWire.com](http://www.IssueWire.com)) - Brooke completed her undergraduate degree with a Bachelors in Business and Legal Studies from Hofstra University. Furthering her education she graduated with a Master's Degree in Science at the New York College of Health Professions. Additionally, she holds certification as a Licensed Acupuncturist.

Brooke has grown up around Acupuncture since she was seven years old. She was taught how to needle when she was merely nine years of age. Being around such an incredible alternative medicine and learning so much about it at such a young age has given her a true advantage in being the best at what she does. Brooke currently owns and operates North Shore Wellness where she practices acupuncture. Brooke also gives many other alternative suggestions to treat other conditions. Her services include diet and lifestyle check to ensure her patient's overall health.

Acupuncture is a system of healthcare that has been developed, refined, and practiced in China for the past 5,000 years. In ancient times, acupuncture, along with herbal medicine, was used as the primary method of treating injuries and illness. It involves the superficial insertion of hair-thin needles into points on the body that have been proven to relieve pain and disease. Nowadays, most people come to an acupuncturist for medical problems that do not respond well to western medicine, such as drugs, surgery, painkillers, etc.

Brooke attributes her professional success to how much she cares for her patients and their wellness.

Learn More about Brooke Zanni:

Through her findatopdoc profile, <https://www.findatopdoc.com/doctor/81416609-Brooke-Zanni-Acupuncturist> Through North Shore Wellness, <https://www.northshorewellnessacupuncture.com/> she can be contacted at 631-673-2900 and has three offices in Long Island, New York.

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