

The Corner Stone Of Hereditary Diseases Is Consanguineous Marriage - Dr. Jahidshahbazov



Ganja, Jan 24, 2019 (Issuewire.com) - Our eyes exposed to a variety of changing and processes from the moment of birth to death. As we get older, the most common thing that we encounter is the need for reading spectacles after forty years of age, so some people are worried saying that "my eyes are weak, I am going to blindness". In fact, there is no need to worry. Each of us will undergo to this process. Our nearsight will be impaired at the age of 40, even if our long sightedness is 100 per cent, we shall need to wear reading spectacles + 1 after 40 years old, + 2 at 50 and + 3 at 60 years old. As for those among others to be encountered after 40, the most common problem is lenticular opacity. There is no human being without cataract, which we call lenticular opacity. No one dare pretend that there is no lenticular opacity in my eyes or in my generation at all. From the age of 40, lenticular opacity occurs even when some people are 50 years old and some are at the age of 60. This is an inevitable process, and we do not take any measures in this regard. Undoubtedly, after the age of 60, there is a disease called age-related macular degeneration in the center of our eyes. This is a macula lute that even results in blindness in some people. We are unable to see or see sinuously the middle of the point we are looking at, and when we even look at a person, we see the person's hair, contours, and shoulders, while we are unable to choose the inside of the eye, apple, the nose and the point we're looking at. They must, of course, undergo eye examination without delay, as in some cases a minor intraocular injection is effective in protecting eyesight, but it causes permanent and incurable blindness in patients with late

history. In short, we can summarize the age-related changes in them.

The processes in our entire body are genetic, such as the color of our hair, the color of our eyebrows, the color of our skin, all these are genetics, but genetic and inherited - these are two different concepts. There are diseases that are directly transmitted from generation to generation in the form of diseases including negative number, positive number, strabismus, etc. Sometimes we conclude in our normal examination that this is an inherited problem, though the parents pretend that there is no such disease in our generation, saying that neither I nor my father has this disease. It should not be forgotten that inherited disease means beyond five generations. That is the disease inherited from our forefathers, including all processes and diseases in our bodies are heritable. To prevent inherited diseases, we must avoid consanguineous marriages. Cousin's marriage leads to the fact that the diseases in the heritage or in the generation are more likely to develop in children. In my everyday practice, I meet such patients. The root cause of many incurable, terminal and inoperable illnesses is inherited and genetic diseases. We must definitely oppose consanguineous marriages. As a society, if we want a healthy generation, healthy future, healthy children, we must avoid consanguineous marriages. There is a reason for the strabismus: congenital strabismus, we say that it occurs before 6 months, or the strabismus forms because of the need for glasses, and its positive number usually occurs in children between 0 and 3. In children with positive number above 3, there is a reason for formation of convergent strabismus. On the other hand, the strabismus may be a sign of lenticular opacity, which is inherited. Even if it is not in most cases, in many cases, the strabismus is inherited. Scientists have shown that many vitamins are likely to cause even cancer. In other words, it is strictly forbidden to give vitamins or food supplements to children, especially without the advice of a physician. Natural nutrition and feeding are the best. In our country with rich nature, we have the potential to consume natural and organic foods. Let's take advantage of this opportunity and treasury. In a European country or in the United States, this is perhaps inaccessible. Getting a natural product from the countryside is at our disposal. Let's use them. Let's keep the chemicals later, as a last cure.

Dr. JahidShahbazov (CahidShahbazov) is an Azerbaijani ophthalmologist, an eye specialist. Honorary Member of the Turkish Ophthalmology Society and the Turkish Republic Ophthalmology Society.

http://www.todnet.org/home/member_uye_goster.asp?user=91529

He was born on December 4, 1981 in Baku, Azerbaijan. After school he continued his education at the Medical Faculty of the Azerbaijan Medical University (AMU) (1998-2004). Then he continued his education at the Ege University in Turkey, İzmir and got an eye disease certificate (2004-2010). He is specialized in strabismus, cataract, glaucoma and refractive surgery (excimer laser). He worked as an Ophthalmologist at the MNX Hospital in 2011 - 2015. Then he worked as an Ophthalmologist at the Oxygen Clinic in 2015 - 2018. He is currently working at the Caspian International Hospital since January 2019.

JahidShahbazov

info@drcahid.com

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