Serving God Not Animals! First Time in 100 years the Parliament serves a Vegan Banquet!

The Interfaith Vegan Coalition calls on the Parliament of World Religions to consider compassion for all that suffer.



Tustin, Oct 18, 2018 (<u>Issuewire.com</u>) - The *Interfaith Vegan Coalition* calls on the Parliament of World Religions to consider compassion for <u>all</u> that suffer.

For the first time in over 100 years, the Parliament of World Religions will have a vegan banquet. The banquet will be hosted by the <u>Charter for Compassion</u> on November 2nd as part of the weeklong Parliament being held in Toronto, Canada.

The Parliament's theme is "The Promise of Inclusion and the Power of Love." Karen Armstrong, founder of the Charter for Compassion and a world leader of interfaith compassion, will be a keynote speaker.

The <u>Interfaith Vegan Coalition</u> believes that the Charter for Compassion's vegan banquet will be a significant contribution to this theme, expanding the promise of inclusion and love to embrace all animals and helping to question the prevailing narrative of exclusion and exploitation of animals. Click to watch <u>Higher Love</u> video.

To prepare for the upcoming vegan banquet, chef Sandra Sellani was invited by the *Interfaith Vegan Coalition* to create plant-based foods that would knock the taste buds off the 300 religious' leaders in attendance. She is the author of *The 40 Year Old Vegan*, and she prepared a vegan menu to satisfy the palettes of the Parliament's attendees.

Chef Sellani used Good Dot Vegetarian Meat, a wonderful plant-based Meat Alternative. This vegan meat had an amazing taste, texture and protein of animal meat. Everyone was impressed and there was a 100% positive response towards the taste test. Her culinary creations were evaluated by fourteen mostly non-vegan testers; Craig Phillips and his Taoism Tribe, who were all impressed, providing rave reviews. No negative responses were received for this taste test **Menu**:

Rustic pieces of bread with vegan spread

Chopped fennel salad with tart cherry vinaigrette

Cookstown greens, roasted grapes, shaved heirloom beets, and Minus 8 Vinaigrette

Featuring Good Dot Vegan Meats:

Good Dot Savory puff pie

Good Dot Veg Meat & Protein stir fry

Good Dot Veg Meat Red Thai curry

Good Dot Veg Meat Masamman curry

Bitter greens with orzo

Seasonal market vegetables and steamed rice

Blackberry bread pudding with maple cream

Pumpkin pie

Freshly brewed Lavazza regular/decaffeinated coffee & speciality teas.

Chef Sellani's culinary art, turning the Earth's bounty into revitalizing and salubrious entrées, seems

capable of helping to inspire many caring people to transition to a more vegan way of living. Besides being delicious, the plant-based menu demonstrates and honours Karen Armstrong's work of spreading compassion not just to other humans, but to all living beings.

For vegans, there is no ethical difference between dogs and cows, and so they strive to minimize abuse to all animals, refraining from all flesh, dairy, and eggs. Veganism is one of the fastest growing social movements in the world for several fundamental reasons.

"Dr Sailesh Rao said that our current rate of killing wild animals will result in Year ZERO: 2026, the year by which virtually 100% of wild animals are gone. We can Prevent Year ZERO by striving for a truly compassionate Vegan World before 2026."

"Our relationship with food is a spiritual communion with God," says Frank Lane, a 30-year vegan activist author, who thought it hypocritical to serve tortured animals while honouring compassion! Lane wrote and directed Higher Love, a PSA advocating veganism as a spiritual path.

According to Buddhist teacher Alan Dale, "Compassion is the ultimate spiritual path to our higher self or God. The vegan choice is a choice for compassion with a reverence for all sentient beings. It is a communion that can transform us and make for a better world."

"There is no way to overstate the magnitude of the collective spiritual transformation that will occur when we shift from food of violent oppression to food of gentleness and compassion," writes Dr Will Tuttle, a 38-year vegan, best-selling author, and former Zen Buddhist monk.

Chef Sellani, Good Dot Foods, and the Interfaith Vegan Coalition (IVC) are committed to inviting religious leaders to consider the effect of food choices on humanity's health and behaviour, on our fellow earthlings, on the environment, and on the world's hungry.

IVC will have booth #603 at the Metro Toronto Convention Centre to raise awareness about these issues. Good Dot plant-based foods will be sampled at the booth, helping compassionate people better understand how spiritual health and social harmony are connected to our treatment of animals and to our food choices.

With faith in the good hearts of all attendees, the Charter for Compassion Banquet will help to shine a light on the war being waged against animals, and the urgent need for all religions to take a stand.

"When the power of love and nonviolence is extended to all sentient beings by the religious leaders of the world, then we will have a real chance to end violence, war, poverty, many diseases, and environmental destruction," writes vegan author Judy Carman.

According to Frank Lane, "Now the real test will be to see if these 300 religious leaders can extend their religious passion for the health of their congregations to include the well-being of animals and the planet."

Learn more about the **Interfaith Vegan Coalition** at <u>www.interfaithvegancoalition.org</u>, a project of international nonprofit animal protection organization In Defense of Animals, <u>www.idausa.org</u>.

Learn more: <u>www.UnitedVegan.com</u>

Compassion for all that suffer

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This Press Release was edited by Judy Carman, author of *Peace to All Beings* and Dr. Will Tuttle, Author of the *World Peace Diet* and Public Relations Connector Expert, Susan Leonard at susan@curematch.com

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