

Mindtalk- A center for Psychological Wellbeing launched at Indiranagar.



Bengaluru, Oct 27, 2018 (Issuewire.com) - On Thursday, 11th of October 2018, [MindTalk](#)- A clinic for emotional and psychological wellbeing was launched at Indiranagar, Bangalore under the initiatives of Cadabam's Group.

Cadabam's are the best comprehensive psychiatric hospitals & psycho-social rehabilitation centres in Bangalore since their inception in the year 1992. Following the motto of **“Think well-being, Think Mindtalk”**, the clinic is launched with the sole purpose of offering a holistic approach towards mental wellbeing and to incorporate the need and importance of emotional wellness among the people of the country.

The ceremony was enlightened with the presence of Guests of Honors - *Mr. Ramesh Cadabam, Chairman of Cadabam's Group, Mr. Sandesh R. Cadabam, Managing director, Cadabam's group along with Mrs Sudha R. Cadabam, Vice Chairperson along with Ms M. K Saraswati, Vice Chairperson, Dr. Sunil M R, Director Facilitator and Dr B. R Madhukar, Medical Director & Vice President IPS KC* which was followed by a team of counselors from Cadabam's.

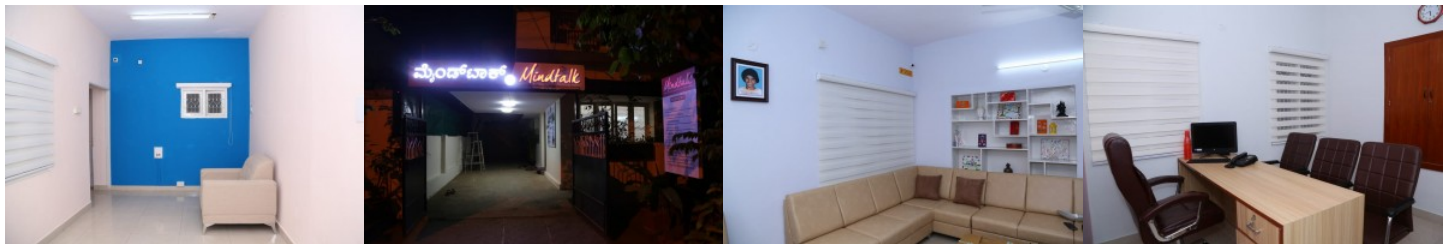
Speaking on the occasion, Mr Sandesh R. Cadabam says- **“This establishment is just a step and a**

pride movement made towards people's wellbeing. We will furthermore strive hard in exploring and bringing in mental well-being among the people by shredding and accomplishing every idea, thoughts with regards to emotional well-being."

With the vision of providing the highest quality care to the people, the clinic operates to build emotional wellness by providing the people with an experience that is beyond the expectations. Cadabam's strives to foresee to see a huge potential to spread the word of emotional wellbeing to the people and hence here's its decision to launch Mindtalk clinic here in Bangalore. The clinic operates in a patient-centred approach with best practices and facilities which are purely therapeutic.

[Mindtalk](#) covers a wide range of counselling services and facilities for issues such as- Stress, depression, anxiety, or PTSD, Intense emotions, Personality issues, Adjustment issues, Family or Relationships conflicts, Self-harm Child disorders and other psychological related conditions. With a team of dedicated therapists, MINDTALK is all set to help deal with all your emotional struggles in a non-judgemental, confidential way.

Want to talk about anything that is ailing you? You can reach out to Mindtalk today at the below-provided address and get rid of all your worries.



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