

Cadabam's Turns 26! Celebrates 26 Outstanding Years of Mental health excellence



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Bengaluru, Oct 31, 2018 (Issuewire.com) - On the 1st of November 2018, Cadabam's complete their 26 years of outstanding service and performance in the field of mental health care since they have started their journey in the year 1992. This anniversary marks a prestigious moment to cherish and uplift their tremendous growth in the mental health field and to bring in a positive change in the minds of people with respect to emotional and psychological well-being.

Started with the vision of giving access to quality mental health care to the people in a need and crisis, the organization remarkably stands out as one of the best psychosocial rehabilitation centres across the country today. The centre now spans in various aspects of mental health care services to all the age groups of people working in various verticals. The group has collaboratively has undertaken various programs and initiatives to reach out to more people and bring in the understanding and need for mental health care.

Recently, the Group has launched its new panel of the **Department of Clinical Psychology** in Bangalore and also have inaugurated a new Psychological Wellbeing centre at Indiranagar by the name of '**Mindtalk**' under the initiatives of Cadabam's Group.

Not just this, Cadabam's also took a pride moment with the release of its new Magazine edition under the name of '**THINKBOX**' that talks all about the Mental Wellbeing and contributes to spreading awareness about the same.

Cadabam's has been delivering accessible and comprehensive mental health care as well as substance use prevention, treatment, outreach, and crisis services along with outreach programs that include **drug prevention drive for youth, school wellness, and counselling programs, mental health awareness initiatives** in various districts for about more than 26 years.

Also, they have collaborated with the **Indus International School and national public school** for providing a promotive and preventive measure through school wellness and counseling program emphasizing on the need for emotional well-being in young children.

Cadabam's aims to enhance and facilitate psychological well-being among people with various problems pertaining to mental health and addiction disorders. Our work helps adults to live a more fulfilling life, children to be more resilient in their lives and families to be mentally healthier and happier.

On this marked the successful journey of 26 years, **Mr. Ramesh Cadabam, Chairman at Cadabam's Group** and **Mr. Sandesh R. Cadabam, Director at Cadabam's Group** looks forward to many more anniversaries ahead in the future to come!

Dr Sunil M.R, Director and facilitator at Cadabam's Group says- "The Growth and reach of Cadabam's are entire because of responsive initiatives of Mr. Ramesh CADABAM. His close interaction with patients and families at one point in time gave him the ringside of view of challenges for which he found a solution and that became a Center and establishment in itself adding to the growth story of Cadabam's."

Pioneering in all walks of mental health services, Cadabam's have made an amazing progress and wish to look to foresee furthermore improvements and developments with treatments and practices assisting all age group of people with mental health conditions. Caring for the people with mental health issues and spreading wellness amongst the families battling with mental illnesses, Cadabam's look forward towards committing and dedicating to promotive mental wellbeing.

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