

Lama Ole Nydahl To Speak In New York City On Sept 16. 2018



New York, Sep 14, 2018 (Issuewire.com) - Renowned Lama to speak in New York on September 16, 2018, on “Diamond Way Buddhism in the Modern World”

September 12, 2018, Noted Buddhist teacher and author Lama Ole Nydahl will be visiting New York to share his deep understanding of the practical ways to access the wisdom of Buddhist teaching in the context of our modern lives. Lama Ole’s talk will take place at 2 PM on Sunday, September 16, 2018, at the CUNY Grad Center, Proshansky Auditorium (365 Fifth Ave., NYC). Nydahl is the guiding teacher for Diamond Way Buddhism, which numbers nearly 700 centres worldwide. He is both a fully qualified Lama of the Karma Kagyu school and a lay teacher (rather than a monk) — something that enables him to connect with people and show them methods for lasting happiness.

Living Buddhism for today

Communicating the power of Tibetan Buddhism can pose a quandary. If the teacher is too emphatic about tradition, what’s presented may seem archaic, impractical or purely cultural. But, if one tries too hard to be accessible, there is the risk of losing the original spiritual transmission. Lama Ole Nydahl is singular because of his ability to convey the transformative energy of authentic Buddhist practice through methods that work for today. He is a bridge between old and new—enabling modern people to experience the vibrancy and effectiveness of Buddhism. A video illustrating his unique teaching style is found [here](#).

Teaching Karma Kagyu Buddhism for over 45 years to thousands of students worldwide

The integration of ancient Buddhist teaching with modern life is part of the “DNA” of Lama Ole’s style of teaching. He hails from Denmark, from where he and his late spouse, Hannah, embarked on a journey to Kathmandu for their honeymoon in the late 60s. There, they encountered the 16th Gyalwa Karmapa,

considered by many to be the greatest Buddhist teacher and meditator of the 20th century. The experience changed their lives forever, and they quickly became two of the first Western students of the Karmapa. After several years of intensive Buddhist meditation training, the Karmapa asked the Nydahls to bring Buddhism to Europe, the Americas and other parts of the world. Inspired by this mission, Lama Ole and Hannah Nydahl became the driving force behind Diamond Way Buddhism in the West. They founded over 600 Buddhist centres worldwide on behalf of the 16th Karmapa. Today, these centres, which span 44 countries worldwide, are under the direction of the 17th Karmapa Trinley Thaye Dorje. They provide modern, lay people with a place to learn meditation and experience a genuine Buddhist transmission.

Lama Ole is the author of seven books in English on Buddhism. The activity of Hannah and Ole Nydahl is featured in the award-winning documentary, *Hannah: Buddhism's Untold Journey*.

Discovering our mind's playful and fearless nature

Lama Ole's Buddhist teaching style is distinctive. He tells us that though Buddhism offers skilful tools for achieving happiness, "this does not mean positive thinking" or "the strenuous attempt to avoid suffering." Rather, through meditation practice, we gain insight into the true nature of our mind — "fearless and playful, shining, rich and powerful." He adds, "as fearlessness is accordingly accomplished, everything appears more fresh and new, exciting just because it can or may happen."

What:

Lecture/Discussion/Meditation with Lama Ole Nydahl:

"Diamond Way Buddhism in the Modern World"

Where: CUNY Grad Center, Proshansky Auditorium (365 Fifth Ave., NYC)

When: Sunday, 9/16/18, 2:00 PM — 5:00 PM

Cost: \$30; Press Passes Available

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